

A Time of Prayer  
September 6, 2023

Join on Zoom: <https://bit.ly/stmikessunday2023>  
Meeting ID: 912 3096 9532 / Passcode: cdm080100!

*A time of silence is kept.*

*Officiant*        The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit,  
be with you all.

Lord, have mercy.

**Christ, have mercy.**

Lord, have mercy.

*Officiant*        The Lord be with you.

*People*            **And also with you.**

*Officiant*        Let us pray.

O God of peace, you have taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

**A Reading from Exodus 16: (9-18)**

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness; and the glory of the Lord appeared in the cloud. The Lord said to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat. This is what the Lord has commanded: 'Gather as much of it as each of you needs, an omer to a person according to the number of persons, all providing for those in their own tents.'" The Israelites did so, some gathering more, some less. But when they measured it with an omer, those who had gathered much had nothing over, and those who gathered little had no shortage; they gathered as much as each of them needed.

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

**Psalm 146** *Lauda, anima mea*

Hallelujah! Praise the Lord, O my soul!

I will praise the Lord as long as I live; I will sing praises to my God while I have my being.

**Put not your trust in rulers, nor in any child of the earth,  
for there is no help in them.**

When they breathe their last, they return to earth,  
and in that day their thoughts perish.

**Happy are they who have the God of Jacob for their help!  
whose hope is in the Lord their God;**

Who made heaven and earth, the seas, and all that is in them;  
who keeps his promise for ever;

**Who gives justice to those who are oppressed,  
and food to those who hunger.**

The Lord sets the prisoners free; the Lord opens the eyes of the blind;  
the Lord lifts up those who are bowed down;

**The Lord loves the righteous; the Lord cares for the stranger;  
he sustains the orphan and widow, but frustrates the way of the wicked.**

The Lord shall reign for ever,  
your God, O Zion, throughout all generations. Hallelujah!

**A Reading from the Gospel of John (6:47-51)**

“Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

The Prayers

God the Father, your will for all people is health and salvation;  
**We praise you and thank you, O Lord.**

God the Son, you came that we might have life, and might have it more abundantly;  
**We praise you and thank you, O Lord.**

God the Holy Spirit, you make our bodies the temple of your presence;  
**We praise you and thank you, O Lord.**

Holy Trinity, one God, in you we live and move and have our being;  
**We praise you and thank you, O Lord.**

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;  
**Hear us, O Lord of life.**

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

**Hear us, O Lord of life.**

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

**Hear us, O Lord of life.**

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

**Hear us, O Lord of life.**

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

**Hear us, O Lord of life.**

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

**Hear us, O Lord of life.**

You are the Lord who does wonders:

**You have declared your power among the peoples.**

With you, O Lord, is the well of life;

**And in your light we see light.**

Hear us, O Lord of life:

**Heal us, and make us whole.**

We pray for

Tim	Joni	Edie	Ron	Tom	Sally
Barbara	Kitty	Peter	Bob	Rebecca	
Mary	Jason	Burton	Janet	Parry	

For the repose of the souls of Helen, Will, Diane, Stephen, and Deb

Let us pray as our Savior Christ has taught us:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Gracious God, we give you thanks for your beloved Jesus Christ, in whom you have shared the beauty and pain of human life. Look with compassion upon all for whom we pray, and strengthen us to be your instruments of healing in the world, by the power of the Holy Spirit. **Amen.**

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country, where he lives and reigns for ever and ever. **Amen.**